

Asparagus and Ham Strata

Must be made evening before, refrigerated, and baked the next day.

12 slices of white bread (crusts cut off)

1 (10 or 12 oz.) pkg of frozen asparagus (thawed and drained and cut into 1 inch pieces) Kroger has the 12 oz. Private Selection package. HEB carries their brand.

2 cups cooked diced ham (1 pkg. Hormel cooked ham in meat section at local store)

6 eggs, slightly beaten

3 ¼ cups milk

1 tablespoon instant minced onion

¼ teaspoon dry mustard

3 cups (12 oz) shredded sharp cheddar cheese

Layer bread cubes, asparagus, and ham in a greased (with Pam) 13 x 9 in. baking dish.

Combine eggs, milk, onion, mustard and cheese; stir well. Pour into casserole, cover and refrigerate over night or at least 8 hours. Remove from refrigerator, let stand for 30 minutes. Bake uncovered at 325 degrees for 55 to 50 minutes.